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Playful Props

Playful props or manipulatives enhance and illustrate creative and exploratory movement.

Balloons

- [®] Tap balloon with hand or chopstick to practice beat and rhythm.
- [®] Illustrate melodies or vocal exploration.
- Pinch stem of inflated balloon tightly with thumbs and pointer fingers of both hands (do not tie); pull in opposite directions to create squeaks and whistles.

Bean Bags

- Play passing games.
- [®] Tap on knee or floor or toss hand-to-hand to practice beat or rhythm patterns.

Beanie Babies@/Small Stuffed Animals

Use to keep beat, for beat-passing games, and as partners for odd numbers of students.

Body Socks

Use for creative and exploratory movement.

Chopsticks

- [®] Use as percussion mallets.
- [©] Use as light sounding rhythm sticks.
- [®] Create and notate rhythm patterns on floor.
- [®] Use as conducting baton.

Fringe Sticks (Chopsticks or jumbo-sized craft sticks with shiny, metallic gift-wrapping shreds hot glued on one end.)



[®] Use as melodic direction pointer, conducting baton, or paint brushes.

Glow Sticks

- [®] Create and notate rhythm patterns on floor.
- [®] Use as percussion mallets.



Many more suggestions in the book!

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All the Feels

Materials Needed

The Happy Book¹; print emoji cards (page 11); variety of Orff instruments or small hand percussion

The Plan

4

[®] Read book; sing happy song after each yellow two-page section (sing three times).



© Continue reading; whisper scared speech piece after each green two-page section (whisper three times).



¹ Rash, Andy. The Happy Book. Viking Books for Young Readers, 2019.





Playful Possibilities

[®] Small groups create movement stories for each color/emotion section to perform at beginning of each section. Print emoji cards; allow each group to choose four emojis from one category to create movement story.



- [®] Groups add instruments to accompany movement stories.
- @ Groups create rhythmic word chains using brainstormed words about feelings and emotions (happy, excited, bored, sad, thrilled, angry, scared, shocked, surprised). Transfer word chains to Orff instruments set up in C Pentatonicas contrasting sections to All the Feels.



[®] Groups create music soundscapes to accompany each section.

What Can You Do with a Paleta?

Materials Needed

6

*What Can You Do With a Paleta*¹; images of paletas (Mexican ice pops); printed paleta flavor cards; scarves; variety of small hand percussion instruments





1 Tafolla, Carmen. What Can You Do with a Paleta/¿Qué Puedes Hacer con una Paleta? Dragonfly Books (Bilingual edition). 2014.

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The Plan

- @ Read book.
- [®] Show and discuss images of paletas.

A Section

- @ Teach song.
- [®] Stand and step rhythm of Bass Xylophone Parts.
- @ Add clap for rhythm of Alto Metallophone Part.
- @ Perform with song.
- [®] Transfer to barred instruments.
- @ Add Alto Glockenspiel Part.
- @ Add shakers (steady eighth note pattern) throughout.
- @ Perform with song.

B Section

- [®] Small groups use rhythm flavor cards to create, then speak 8-beat rhythm word chain.
- [©] Transfer to claves, cowbells, and/or rhythm sticks.
- @ Perform in Rondo Form: A (song), B (small group), A (song), B (another small group), etc.

Playful Possibilities

- [®] Small groups create dance for A Section.
- [®] Small groups use scarves in colors of their favorite paleta flavors to create dance to accompany B Sections.



Paleta Flavor Cards



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Full Color visuals available for all purchasers!



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SAY ZOOP!

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What Can You Do with You Do Paleta?